

Good Day to the RFH Parent Community:

After a detailed discussion with the RFH Pandemic Response Committee on 10/6/21, in alignment to our K-8 sending districts, and with consensus and approval of the RFH Board of Education, **Rumson Fair Haven Regional High School will be lowering our quarantine timeframes for direct exposure to COVID-19 effective immediately.**

**This change is based upon “hardship” guidance from the CDC, as follows:**

***“If a 14-day quarantine would pose a significant economic or other hardship...the CDC-recommended shortened timeframes are acceptable.”*** (RFH considers 14-days out of school to be a significant hardship for our students. Use of PCR Testing can ensure that students are healthy, allowing our students to return to school faster after exposure to COVID-19).

**New RFH Quarantine Timeframes following direct exposure to COVID-19 are as follows:**

- Vaccinated students and staff who have proof of vaccination on-file with the school DO NOT NEED TO QUARANTINE. Parents, please continue to monitor your child for symptoms. RFH suggests a covid test at day 5, but it is not required for fully vaccinated students and staff.
- 10-Day Quarantine for students and staff who choose not to be tested following direct exposure to COVID-19. **(Students/Staff return to school on Day 11).**
- 7-Day Quarantine for students/staff who receive a PCR Test with negative results collected at 5-7 days. **(Students/Staff return to school on Day 8)**  
**Please Note: Only PCR, Molecular Level Antigen Test results will be accepted. “Rapid” TESTS WILL NOT BE ACCEPTED.**

**Important:**

- **All PCR Test results must be sent to the School Nurse, Jane Knific, prior to school readmission: [jknific@rumsonfairhaven.org](mailto:jknific@rumsonfairhaven.org)**
- **Please cc School Principal, Kevin Pfister, on all PCR Test Results:**  
[kpfister@rumsonfairhaven.org](mailto:kpfister@rumsonfairhaven.org)

We thank you in advance for your support, and trust that our students are better-served through this change.

Sincerely,

**Anne R. Facendo, Interim Superintendent**  
**Rumson-Fair Haven Regional High School District**  
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