

# *Welcome Senior Parents*

An Evening Overview of Senior Year  
& College Counseling Experience

RUMSON-FAIR HAVEN REGIONAL  
HIGH SCHOOL  
DEPARTMENT OF SCHOOL  
COUNSELING & WELLNESS



# Senior Communication

- Long term announcements - Bulldog Blasts every Tuesday / Friday
- More immediate announcements - Directly to your email from me
- Student announcements - Google Classroom
- Email - [tcolella@rumsonfairhaven.org](mailto:tcolella@rumsonfairhaven.org)



# Major Events - [Calendar](#)

- Halloween Breakfast - Friday, October 28th
- Winter Breakfast - Friday, December 23rd
- 100 Nights Dinner - Wednesday, March 8th (subject to change)
- Senior Prom - Thursday, May 25th
  - Battleground Country Club in Manalapan
- Beach Day - Friday, June 9th
  - Chapel Beach Club
- Graduation Eve Social - Thursday, June 15th
  - (subject to change)
- Graduation - Friday, June 16th



# Senior Prom

- Thursday, May 25th from 6:00 - 10:00 pm
- Battleground Country Club in Manalapan
- Must attend school that day until 10:50 am
- Students CAN drive themselves to and from the prom
- There will be a mandatory parent meeting sometime in March (tentatively March 22nd at 7:00 pm)

**Questions?**

# Mr. Colella on Leave

I will be out from March - May as I take care of my daughter

I will still be the class advisor and I will still be reachable through email!

I will still be planning and attending all Senior class events and activities!



# Yearbook!

**Be sure to purchase an SGA card in order to reserve a book**

- The only way to guarantee you will receive a copy
- If you choose to not buy an SGA card, yearbooks will be sold at a first come, first served basis



# Senior Portraits / Ads

**The deadline to submit a picture for the Yearbook is Tuesday, October 4th!**

- Email your photo as a high-quality JPEG attachment to [yearbook@rumsonfairhaven.org](mailto:yearbook@rumsonfairhaven.org)
  - Does not apply if you used Lors
- If photographed by Lors, you will need to select the photo you want them to send over by Monday, October 17th

**If you have not YET had your picture taken by Lors or an local photographer,  
PLEASE have your student find Ms. Hargrove!**

**Be on the lookout for an email from Jostens about Senior ads!**

Ms. Hargrove's email is [mhargrove@rumsonfairhaven.org](mailto:mhargrove@rumsonfairhaven.org)

# Senior Snack Packs!

On sale now in the Auditorium lobby!

Each bag contains:

- (1) 12 oz. bag of Bulldog Brew from Coffee Surf, Co.
- (1) Bulldog Socks OR (1) Bulldog Water Bottle
- (2) Chips for snacks!

**ONLY \$20**





*A journey of a thousand miles begins with a  
single step...*

# Our Journey

## Junior Year Preparation & Planning

January/February - Individual College Planning Mtg

March - Junior Parent & College Admissions Night

Spring - College Essay Writing with Randy Levin

April - Common Application Boot Camp

## Senior Year Preparation & Planning

September - Senior Parent Night

September 16th - Senior College Application Workshop

September - Senior Student Meetings 1:1

September 13th - College Visits Begin

October 1st - FAFSA form goes live <https://studentaid.gov/>

November 7th (virtual) - Happy Healthy Almost Stress-free College Planning with Harlan Cohen

Fall - [Financial Aid Evening](#) (date tbd)

# Our 2022 - 23 School Counseling Team

Ms. Fabrico



Mrs. Flynn



Mr. Karl



Ms. Mills

Interim Supervisor of Counseling



# School Counseling Team cont...

Ms. Coby



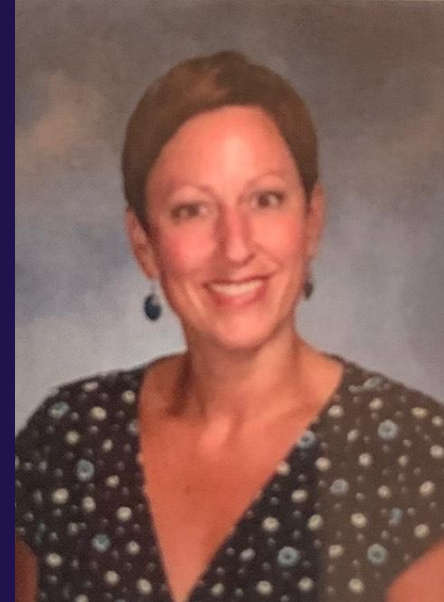
Ms. Tomovich



Ms. Trocchia



Ms. Fiorini



# *Mock Admissions Experience*





# The Application Process



- What makes an application complete?
- How are school documents sent?
- Does the application and school document submission have arrive at the same time?

# A Complete Application Has:

## We will send through SCOIR:

Letters of recommendation

- 2 letters from teachers
- Counselor letter

Transcript with course in progress listed

School Profile

## Student is responsible for:

Application - Understanding what is required for each school

Completion & submission of the application & fees

Test Scores (if applicable)

College will match our SCOIR documents to students application on their end

# Transcript Request Deadlines

Transcript request forms must be submitted to the counseling office at least 15 school days prior to your earliest deadline.

<u>Deadline Example</u>	<u>Request Due Date</u>
October 15	September 23
November 1	October 14
November 15	October 24
November 30 & December 1	November 4
December 15	November 20
January 1	December 2
January 15	December 16
February 1	January 10



# DEFINITIONS OF ADMISSION OPTIONS IN HIGHER EDUCATION

## STUDENTS: WHICH COLLEGE ADMISSION PROCESS BEST SUITS YOU?

Regular Decision	Rolling Admission	Early Action (EA)	Early Decision (ED)	Restrictive Early Action (REA)
<p><b>DEFINITION:</b></p> <p>Students submit an application by a specified date and receive a decision in a clearly stated period of time.</p> <p><b>COMMITMENT:</b></p> <p>NON-BINDING</p>	<p><b>DEFINITION:</b></p> <p>Institutions review applications as they are submitted and render admission decisions throughout the admission cycle.</p> <p><b>COMMITMENT:</b></p> <p>NON-BINDING</p>	<p><b>DEFINITION:</b></p> <p>Students apply early and receive a decision well in advance of the institution's regular response date.</p> <p><b>COMMITMENT:</b></p> <p>NON-BINDING</p>	<p><b>DEFINITION:</b></p> <p>Students make a commitment to a first-choice institution where, if admitted they definitely will enroll and withdraw all other applications. The application deadline and decision deadline occur early.</p> <p><b>COMMITMENT:</b></p> <p>BINDING</p>	<p><b>DEFINITION:</b></p> <p>Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED or EA or REA to other institutions. If offered enrollment, they have until May 1 to confirm.</p> <p><b>COMMITMENT:</b></p> <p>NON-BINDING</p>
Students are not restricted from applying to other institutions and have until May 1 to consider their options and confirm enrollment.			Students are responsible for determining and following restrictions.	

# September - What you need to know

Students should speak to their School Counselor about applying Early Action or Early Decision and if it would be to their advantage to apply early to certain colleges or schools that offer it.

Deadline for some Early Action & Early Decision applications is **October 15th** (some southern schools are **September 15, Auburn, Wake Forest**)

- Check each college website for deadlines
- Colleges will offer “Early Action” and some will offer “Early Decision”
- What is a Deferral?

# School Counselor's Class of 2023

## Google Classroom

- **Transcript request link** can be found on the Assignments tab
- Watch deadlines, allow for processing time
- Announcements & Updates will be posted
- Scholarship opportunities and other important information will be posted on your student's counselor's classroom
- Students will be notified by email of these posts



Google Classroom

● Accepted ▲ Not accepted ● Waitlisted ● Deferred

# Scattergram - Student View



# Checking Documents



**Clemson University**

Clemson, SC

Priority | Due: **Dec 1**

## Document Status

Document	Last Sent	Last Delivered
<a href="#">School Profile</a>	10/01/2021	10/04/2021
<a href="#">Initial Transcript</a>	10/01/2021	10/04/2021
<a href="#">Teacher Recommendation</a>	10/01/2021	10/04/2021
<a href="#">Teacher Recommendation</a>	10/01/2021	10/04/2021
<a href="#">Secondary School Report</a>	10/01/2021	10/04/2021
<a href="#">Counselor Evaluation</a>	10/01/2021	10/04/2021
<a href="#">Other Recommendation</a> Tim Mcloone	10/27/2021	10/28/2021

[Enable documents](#)

[+ Add Docs \(2 available\)](#)

[Manage Recommendations](#)

[➤ Go to Manage Documents](#)

# Next Friday 9/16 - Senior Application Workshop

College Application Process

Essays

Recommendations

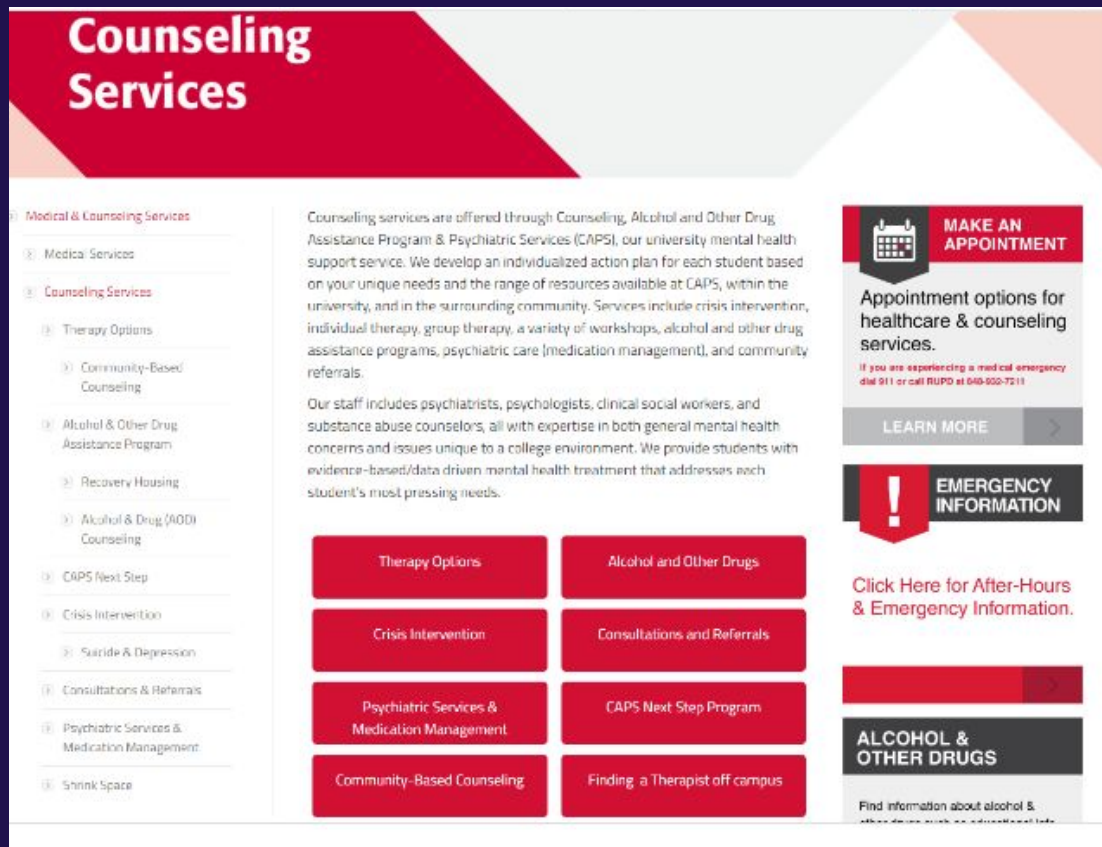
Transcript Request Deadlines

Preparing Applications



Everything you need to know, next Friday during English Period

# Wellness Support Goes to College



**Counseling Services**

**Medical & Counseling Services**

- Medical Services
- Counseling Services**
  - Therapy Options
    - Community-Based Counseling
  - Alcohol & Other Drug Assistance Program
    - Recovery Housing
    - Alcohol & Drug (AOD) Counseling
  - CAPS Next Step
  - Crisis Intervention
    - Suicide & Depression
  - Consultations & Referrals
  - Psychiatric Services & Medication Management
  - Shrink Space

Counseling services are offered through Counseling, Alcohol and Other Drug Assistance Program & Psychiatric Services (CAPS), our university mental health support service. We develop an individualized action plan for each student based on your unique needs and the range of resources available at CAPS, within the university, and in the surrounding community. Services include crisis intervention, individual therapy, group therapy, a variety of workshops, alcohol and other drug assistance programs, psychiatric care (medication management), and community referrals.

Our staff includes psychiatrists, psychologists, clinical social workers, and substance abuse counselors, all with expertise in both general mental health concerns and issues unique to a college environment. We provide students with evidence-based/data driven mental health treatment that addresses each student's most pressing needs.

**Therapy Options**

**Alcohol and Other Drugs**

**Crisis Intervention**

**Consultations and Referrals**

**Psychiatric Services & Medication Management**

**CAPS Next Step Program**

**Community-Based Counseling**

**Finding a Therapist off campus**

**MAKE AN APPOINTMENT**

Appointment options for healthcare & counseling services.

If you are experiencing a medical emergency dial 911 or call RUPD at 646-922-7211

**LEARN MORE**

**EMERGENCY INFORMATION**

**Click Here for After-Hours & Emergency Information.**

**ALCOHOL & OTHER DRUGS**

Find information about alcohol & other drugs with an educational leaflet.



*Mrs. Enza Marucci  
School Social Worker  
[emarucci@rumsonfairhaven.org](mailto:emarucci@rumsonfairhaven.org)*



*Dr. Suzanne Fico  
Student Assistance Counselor  
[sfico@rumsonfairhaven.org](mailto:sfico@rumsonfairhaven.org)*



*Mrs. Lisa Lagala  
Mental Health Clinician  
[llagala@rumsonfairhaven.org](mailto:llagala@rumsonfairhaven.org)*



# Supports at Schools

Office of Disability Services

Student Success Center/Academic Assistance

5 Steps to Success:

1. Register on Campus as a Student With a Disability
2. Provide Proof of Your Disability
3. Meet With a Disability Services Office Representative
4. Notify Professors of Your Eligibility for Accommodations
5. Regularly Remind Instructors Whenever You Need Accommodations





*A parents journey never  
ends...*

*Thank you for joining us*



# Parent Questions & Closing Remarks

