

School Lunch Information

Food Services at Rumson-Fair Haven Regional High School offers an upgraded menu that incorporates organic ingredients, clean proteins, whole grains, Non-GMOs and the like, as well as an emphasis on nutrition education through the health curriculum. The cafeteria also offers breakfast and lunch a-la-carte selections, vegetarian options, and salads.

The Snack Shack is open for the purchase of beverages, healthy snacks, and frozen yogurt.

The cafeteria menu is posted monthly on the school website.

RFH is continuing with **MySchoolBucks**, an online school lunch account. Online payments and account creations will become active on **Wednesday, August 24**.

Students will use their school issued student identification cards to purchase food using their MySchoolBucks account for payment. Checks will be accepted payable to the RFH Cafeteria at the cash register and will be added to your student's MySchoolBucks account. Cash payments will be accepted although we are not encouraging cash transactions.

MySchoolBucks:

- **New Parent Account** - If you currently do not have an account with MySchoolBucks and would like to create an account, please see the instructions. [Click Here](#). Your student's ID number can be found when logged into the PowerSchool website (*not on the mobile app*).
- **Account balances from 21-22 School Year** - All accounts (Grades 9-11) from last school year have rolled over to the 22-23 school year
- **Existing Parent Account with a New Student Entering RFH** - You can have multiple students associated with one account. You can log into your current MySchoolBucks account and click on "Add a Student."
- **School Lunch Account Auto-Payments** - Please log into MySchoolBucks.com to confirm or adjust any auto-payments that were set last school year. Auto-payments that were active at the end of the 21-22 school year should remain active for the upcoming school year.

Please contact Chris Alworth (calworth@rumsonfairhaven.org) with any questions regarding MySchoolBucks and School Lunch Accounts.

Application for Free or Reduced Lunch:

The National School Lunch Program offers free and reduced-cost lunches for students who qualify. Although RFH is not participating in the program, the same guidelines will be followed for those that meet the criteria. If you wish to apply for free or reduced lunch benefits:

- [Parent Letter and FAQ](#)
- [Application Instructions](#)
- [Meal Application](#)